

For additional information or to view an application, please visit:

[www.capuchin.org/get\\_involved/cap\\_corps](http://www.capuchin.org/get_involved/cap_corps)

# Capuchin Franciscan Volunteer Program

*Rebuilding Today's Catholic Church*



## Capuchin Youth & Family Ministries

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## Capuchin Youth & Family Ministries

Capuchin Youth & Family Ministries (CYFM) is a retreat center located in Garrison, NY about an hour and a half north of New York City.

CYFM is a ministry of the Capuchin Province of St. Mary that has been ministering to youth since 1973.

CYFM has grown into a multifaceted Youth & Family Retreat Center, providing retreats, outreach programs, leadership training, for youth and their families.



## CATHOLIC YOUTH MINISTRY

Cap Corps Volunteers are active leaders in all of the programming at the CYFM retreat center.

Our diverse and varied ministry focuses in three main areas: retreats, parish youth ministry, and outreach projects.

The spirituality of St. Francis and St. Clare guide all that we do.



*"If you want fun, good people, and God's love in your life, then there's no place better than CYFM."  
Former Volunteer, Matthew Fallon, 07-08*



CAPUCHIN FRANCISCANS  
PROVINCE OF ST. MARY

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# Cap Corps Volunteer Ministry

## CATHOLIC RETREAT MINISTRY

Cap Corps Volunteers take part in the planning, preparation and execution of all of the retreats at CYFM.

Various retreats offered:

- Cursillo/Encounter style retreat
- Leadership Training
- Saints for Youth
- Confirmation retreats
- High School Class retreats
- 7<sup>th</sup> & 8<sup>th</sup> grade retreats

Cap Corps Volunteers mentor students as they grow in their relationship with God, build leadership skills, and learn more about their Catholic faith. Volunteers do this through personal witness talks, dynamic presentations, dramatic skits, music and lively prayer services.



## CATHOLIC PARISH MINISTRY

Cap Corps Volunteers serve in local parishes as youth ministers. The volunteers plan and lead weekly meetings and participate in other activities within the parish.

This unique opportunity provides the volunteers with parish life exposure, while being supported by the CYFM staff and other volunteers through sharing ideas and experiences.

*“Through various retreats at CYFM, I have been able to build a relationship with Christ with the guidance of the people at CYFM.”*  
CYFM Student, Samantha

## OUTREACH MINISTRY

There are three one-week missions, which allow participants to develop solidarity with the poor, witness to gospel living, and put our Catholic Social Teaching into action through acts of justice and compassion.

Cap Corps Volunteers have the opportunity to work at a variety of sites in the Hudson Valley and in the Appalachian region including Habitat for Humanity, Vacation Bible School, Hospice, a school for autistic children, a soup kitchen, and others!

# Our Commitment to You

## COMMUNITY LIVING

Cap Corps Volunteers live in community with other volunteers. They share communal meals and prayers together at least three times a week, including sharing in the Eucharist at least once a week.

The CYFM community, consisting of teenagers and their families, and the CYFM staff support Cap Corps Volunteers. Volunteers also have the opportunity to have host families for additional support.



## SPIRITUAL DEVELOPMENT

Volunteers' spiritual growth is encouraged through retreats, regular communal prayer, and area spiritual directors. Volunteers also participate in personal and staff retreats at the beginning, middle and end of the year.

Franciscan Spirituality guides the ministry at CYFM. Cap Corps Volunteers have the

opportunity to work alongside many of the Capuchin Franciscan Friars and take part in Provincial celebrations, ordinations, Fraternity Day and many other events.

Volunteers bring their experiences of ministry to prayer for deeper reflection on how God is working today and their prayer radiates out in their ministry.



## FINANCIAL CONSIDERATION

CYFM & the Cap Corps Volunteer program provide:

- A furnished house (six single bedrooms, with two guest bedrooms)
- A generous food stipend
- Health Insurance through Catholic Network of Volunteer Service
- Education Grant comparable to AmeriCorps Education Award
- Gas money for ministry-related events
- \$50/week stipend

*“Part of the Cap Corps program is devoted to your personal growth. I was able to discern my career path. When interviewing for jobs, employers were impressed with the vast experiences I had as a volunteer.”*  
Former Volunteer, Jason Scalfani, 03-04