

Caperone

FEBRUARY/MARCH | VOL.IX ISSUE no4

FEATURING

- //Formator's Corner
- //NoviceHighlights
- //San Francisco Pilgrimage
- //Creative Capuchin's
- &More/////

Formators Corner

WELCOME BR. ROBERT STEWART by Br. Bill Hugo



Almost everyone knows by now that I am being transferred back to the Midwest as this novitiate class comes to a close. The North America and Pacific Capuchin Conference, which sponsors the novitiate at San Lorenzo, has been vigilant about securing a qualified successor novice director. They chose him last October, and he has already arrived in early February to orient himself to the program.

He is Brother Robert Stewart from the state of South Australia. Coming from a big family of 6 children, he is well equipped to lead a novitiate of many more! I also suspect the Australian Capuchin Province has something for transportation in its formators. Some of you might recall Br. Gerard O'Dempsey, also from Australia, who was on the team the first year of this San Lorenzo Capuchin novitiate in 2011. He was a former bus driver. Robert's father worked for the railway, which had a profound impact on him and has kept him on the move.

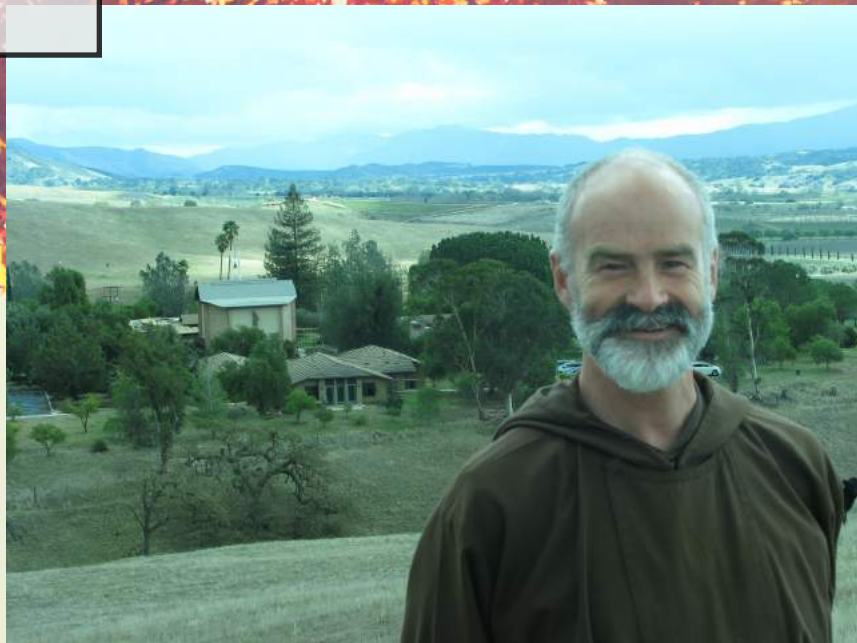
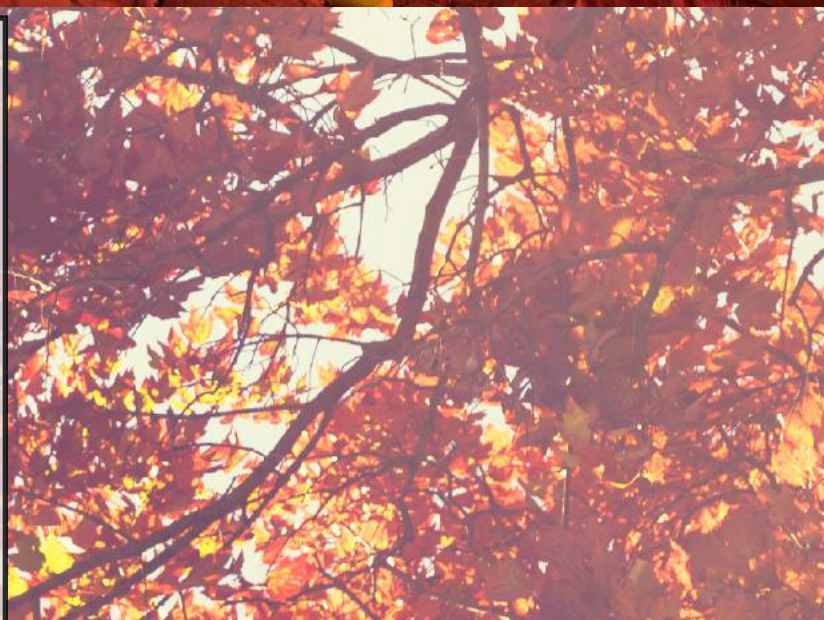
First moving with his family because of his father's job, Robert himself moved around frequently as he advanced in his job working for a bank. So, he seems well suited to the itinerant life of a Capuchin if not the move to the USA. Robert joined the Capuchins in 1987. He briefly did some parish work before devoting a large amount of time as a vocation, postulant and postnovitiate director. Later he ministered at the

Welcome Br. Robert!



Capuchin Shrine of St. Anthony in Melbourne and served several terms on his provincial council, including as vicar provincial. For the last two summers, Robert served on the team of the Interprovincial Postulancy Program in St. Louis, where postulants from around the conference gather for two months before arriving at San Lorenzo for novitiate.

We welcome Bro. Robert to our home and novitiate, and are grateful for his willingness to serve.



DAY IN THE LIFE

AT SAN LORENZO



Br. Lance enjoying "a little" hot sauce with his morning bowl of cereal.



Br. Austin hard at work!



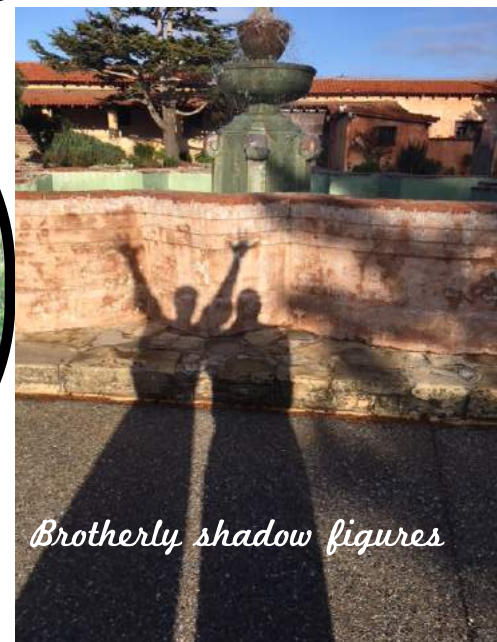
Sr. Nikita looking down from the roof!



Sr. Roxy enjoying a sunny day!



Sr. Marley calm and relaxed!



Brotherly shadow figures

Novice

BR. MIKE HERLIHEY OFM, CAP.
PROVINCE OF ST AUGUSTINE

HOMETOWN: WEST CHESTER, PA AGE: 24

Name a book, movie, or song that you think describes you:

One song that describes me is "Doin' Fine" by Lauren Alaina.

What were you doing before you entered Capuchin formation?

I was attending College at Mount Saint Mary's and received a Bachelors Degree in Philosophy.

What brought you to the Capuchins?

Developing a daily prayer life and through involvement with FOCUS while in college.

What kind of ministry do you enjoy doing (and why)?

I love working in environments with childlike people: my ministry last year with deaf and blind children and working with Alpha. Why? Because I am drawn to the innocence, energy, and joy of the childlike.

Who has influenced your spirituality the most?

My immediate family.

What is something that our readers probably do not know about you?

I'm learning American Sign Language.



Highlights

BR. PAUL RAHN OFM, CAP.
PROVINCE OF ST AUGUSTINE

HOMETOWN: GENESEO, NY AGE: 28



Name a book, movie, or song that you think describes you:

I would say the song "Gabriel's Oboe". It is the theme song from the movie "The Mission".

What were you doing before you entered Capuchin formation?

I was working with the Trappist Monks Specialty Bakery making energy bars and biscotti. I also, was an Assistant Campus Minister at SUNY Geneseo.

What brought you to the Capuchins?

Spending time with the Capuchins was very attractive to me when I was discerning. The joy and dedication the brother's living the life witnessed to drew me in and made me want to

What kind of ministry do you enjoy doing (and why)?

I enjoy serving those most in need whether that be the homeless, sick or anyone in need. I enjoying entering the story and lives of those who I encounter and trying to bring joy into their life.

Who has influenced your spirituality the most?

I would say both of my now late Grandfathers had a huge influence on my spirituality and the person that I am today.

What is something that our readers probably do not know about you?

I play the mandolin and love Irish music.

Novice Highlights Cont.



BR. RICARDO TARDI HERNANDEZ OFM, CAP.
CUSTODY OF ST JOHN THE BAPTIST

HOMETOWN: SAN JUAN, PUERTO RICO AGE: 21

Name a book, movie, or song that you think describes you:

The Song "Todo Cambia" (Everything Changes), composed by Julio Numhauser Navarro, interpreted by Mercedes Sosa.

What were you doing before you entered Capuchin formation?

I was starting my first year of university studying computer engineering at Universidad de Puerto Rico, Mayaguez. I also was working with a missionary group in my parish volunteering in my community and in other countries.

What brought you to the Capuchins?

I saw the Capuchins on TV and was invited to a retreat which after that experience felt drawn to the way of life. Postulancy allowed me to enter more deeply into my vocation and call to enter Gospel life more fully.

What kind of ministry do you enjoy doing (and why)?

I enjoy being in a mission and being able to be with the people, to talk with them, and to listen to them, because I learn so much from them and I feel I can accompany them in their struggles.

Who has influenced your spirituality the most?

I would say the Good Shepherd Catechism, but if I have to specify somebody I would say my mother.

What is something that our readers probably do not know about you?

I like to dance Salsa.



SAN FRANCISCO PILGRIMAGE





SILENT RETREAT-ST CLARE RETREAT CENTER

Joy on the return trip!





"PEACE"

by Br. Baudry Metangmo (SJP)



Peace

*She is like a quiet river
She is difficult to hear
Yet you can't stop her course
She smooths around all the edges
Edges of hate, edges of envy,
Edges of greed, edges of
jealousy,
Edges of lust, edges of gluttony,
Even the edges of pride.
She is a running stream
That refreshes all around her.
She carries within
All that each creature may need.
She is a stream of fresh water
That gives life indeed.
All gathers at her banks,
Plants, animals, and men
For all are in need of her
And she unites them all.*

*At every sip she fills them up
With humility for their pride
Temperance for their gluttony
Kindness for their greed
Abstinence for their lust
Justice for their envy
And love for their hatred.
If ever you find yourself
longing
For water that quenches all
thirst
Know that under the mountain
of Love
Is hidden the immense source
of Justice
From which flows this river
And her name is
Peace.*

WELCOME BR. ALEX RODRIQUEZ!



"I thank our Lord because I've been assigned to live at San Lorenzo Seminary, in the beautiful countryside of the golden hills of Santa Ynez. My assignment as a lay brother is to be Br. Joe Slominski's caregiver. While caring for him, I'll be studying theology on-line.

I was accepted into the postulancy program in 2011 and did my year of novitiate in 2012. I completed my bachelor's degree in philosophy and professed perpetual vows in 2017.

Please keep me and the fraternity in San Lorenzo in your prayers." -By Br. Alex



Pax Et Bonum

ABOUT US

CAPERONE is a bi-monthly newsletter produced and edited by the novices of the North American Pacific Capuchin Conference.

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